

Stockport JSNA

joint strategic needs assessment

JSNA - Life Course Summary Stockport

June 2008

CHALLENGES TO STAYING HEALTHY - JSNA FOR STOCKPORT

Pregnancy & first year of life (< I)

3,280 live births in 2006

- Smoking in pregnancy -17.0% of smoke at delivery
- Low birth weight 6.3% less than 2.5kg
- Breastfeeding 40.5% breastfeed at 4 weeks
- BME 8% of births

Childhood (1 - 15)

50,593 children at 30/06/07 (17.2%)

- Diet and nutrition 19% of those 10-15 years eat '5 a day'
- Physical exercise 60% of those 10-15 years exercise I hour a day
- Child obesity 11.2% for reception & Year 6
- Immunisation 96% primary & 89% MMR
- Accidents 12 deaths in period 2002-2006
- Getting the best out of school
 52% 5+ A*-C
- Early smoking 9% of those 10-15 years
- Early drinking— 23% of those 10-15 years drink weekly
- Disability 1,545 get disability benefits
- Mental Health 470 receiving CAMHs
- BME 9.8% of primary school pupils
- Child poverty 13% in most deprived areas
- ACS conditions 1,000 admissions a year (ENT or asthma)

Young adulthood (16 - 24)

32,199 people at 30/06/07 (10.9%)

- Binge drinking 57% drink more than twice daily limit on one day
- Drugs 17% take drugs weekly
- Smoking 33% smoke
- Sexual Health 90% protect against pregnancy, 67% protect against STIs
- Teenage conceptions 37.1 per 1,000
- New parents 23% mothers aged <25
- Accidents -11 deaths in period 2002-2006
- Suicide 7 deaths in the period 2002-2006
- Value of work 9% of 16-18's are NEET
- Disability 1,460 on disability benefits

Healthy adulthood (25 - 64)

159,793 people at 30/06/07 (54.2%)

- New parents 3.6% new mothers aged 40+
- Value of staying in work –
 1.7% unemployed
- Poverty 6.4% on income related benefits
- Impact of earlier lifestyle choices
 - o 19% still smoke
 - o 45% binge drink
 - o 13.6% are obese
 - 37.5% have low mental wellbeing
- Long term conditions All Ages:
 - Hypertension 39,378
 - o CHD 12,659
 - o Diabetes 10.377
 - o Asthma 18,851
 - o COPD 4,734
 - o CKD 5.165
 - o Depression 21,338
- Disability 20,000 on disability benefits
- Access to screening 72% breast, 82% cervical
- Preparing to age well
 20.6% eat 5 a day
 - o 25.5% exercise

Older people (65+)

49,348 people at 30/06/07 (16.7%)

- Healthy life expectancy Bramhall 5.6 years ill health at end of life, Brinnington 11.8 years.
- ACS conditions 2,000 admissions a year (chronic conditions)
- Long-term illness 48.4% have a LLTI
- Accidents falls cause 40 deaths & 2,000 A&E attendances
- Depression 27.3% low mental well-being
- Dementia 1,442 people
- Poor diet 18.6% eat '5 a day'
- Weight problems 11.4% obese, 38.7% overweight
- Flu vaccination 78.5%
- Independent Living 18.550 live alone
- Access to support 4,412 receive social service support
- Caring 4.3% do 50+ hours a week
- Older poverty 14% in most deprived areas

TOTAL POPULATION = 294,855 (GP Registered at 30/06/07)