

# Stockport JSNA

joint strategic needs assessment

## JSNA - Life Course Summary Stepping Hill and Victoria

**June 2008** 

### CHALLENGES TO STAYING HEALTHY - JSNA FOR STEPPING HILL AND VICTORIA

### Pregnancy & first year of life (< I)

- 1,202 live births in 2006
- Smoking in pregnancy -17.9% of smoke at delivery
- Low birth weight 7.3% less than 2.5kg
- Breastfeeding 35.1% breastfeed at 4 weeks
- BME 6% of births

### Childhood (1 - 15)

- 16,186 children at 30/06/07 (17.7%)
- Diet and nutrition 14% of those 10-15 years eat '5 a day'
- Physical exercise 52% of those 10-15 years exercise I hour a day
- Child obesity 10.9% for reception & Year 6
- Immunisation 97% primary & 90% MMR
- Accidents 12 deaths 2002-2006 in Stockbort
- Getting the best out of school

   50% 5+ A\*-C
- **↑** Early smoking − 11% of those 10-15 years
- Early drinking— 21% of those 10-15 years drink weekly
- Disability 570 get disability benefits
- Mental Health 470 get CAMHs in Stockport
- BME 8.2% of primary school pupils
- **†** Child poverty 17% in most deprived areas
- ACS conditions 400 admissions a year (ENT or asthma)

# Young adulthood (16 - 24)

- 10,386 people at 30/06/07 (11.3%)
- Binge drinking 57% drink more than twice daily limit on one day
- nrugs 28% take drugs weekly
- Smoking 17% smoke
- Sexual Health -
  - 88% protect against pregnancy
  - 181% protect against STIs
- Teenage conceptions 47.5 per 1,000
- New parents 25% mothers aged <25
- Accidents 11 deaths 2002-2006 in Stockbort
- Suicide 7 deaths 2002-2006 in Stockbort
- ↑ Value of work 10% of 16-18's are NEET
- ↑ Disability 540 on disability benefits

# Healthy adulthood (25 - 64)

- 1 50,405 people at 30/06/07 (55.1%)
- New parents 2.5% new mothers aged 40+
- ↑ Value of staying in work 1.9% unemployed
- **Poverty** 7.5% on income related benefits
- Impact of earlier lifestyle choices
  - 22% still smoke
  - 45% binge drink
  - 15.1% are obese
  - 40% have low mental wellbeing
- Long term conditions All Ages:
  - Typertension 10,292
  - T CHD 3,183
  - Tiabetes 2,761
  - Asthma 4,884
  - \*\*COPD 1,405
  - CKD 1,206
  - Depression 5,486
- Disability 7,075 on disability benefits
- Access to screening 67% breast, 82% cervical
- Preparing to age well
   18% eat 5 a day
  - 25.6% exercise

### Older people (65+)

- 13,500 people at 30/06/07 (14.7%)
- Healthy life expectancy Hazel Grove 7.2 years ill health at end of life, Cale Green 10 years.
- ACS conditions 685
   admissions a year (chronic conditions)
- ↑ Long-term illness − 51.5% have a LLTI
- Accidents falls cause 12 deaths & 675 A&E attendances
- ↑ Depression 28.4% low mental well-being
- Dementia 301 people
- Poor diet 16.5% eat '5 a day'
- Weight problems –
- 12.6% obese
- 38.9% overweight
- Flu vaccination 79.5%
- Independent Living − 5,700 live alone
- Access to support 1,136
  receive social service support

  Caring 4.2% do 50+ hours a
- Caring 4.2% do 50+ hours a week
- ↑ Older poverty 23% in most deprived areas

**TOTAL POPULATION = 91,526** (GP Registered at 30/06/07)

comparison to Stockport average: higher ↑ lower ↑ better worse