

Stockport JSNA

joint strategic needs assessment

JSNA - Life Course Summary Heatons and Tame Valley

June 2008

CHALLENGES TO STAYING HEALTHY - ISNA FOR HEATONS AND TAME VALLEY

Pregnancy & first year of life (< I)

1 929 live births in 2006

- Smoking in pregnancy -22.2% of smoke at delivery
- Low birth weight 5.9% less than 2.5kg
- Breastfeeding 35.0% breastfeed at 4 weeks
- **↑** BME − 11% of births

Childhood (1 - 15)

12,502 children at 30/06/07 (17.4%)

- Diet and nutrition 18% of those 10-15 years eat '5 a day'
- Physical exercise 68% of those 10-15 years exercise I hour a day
- Child obesity 11.8% for reception & Year 6
- Immunisation 95% primary & 87% MMR
- Accidents 12 deaths 2002-2006 in Stockbort
- Getting the best out of school

 45% 5+ A*-C
- **1** Early smoking − 12% of those 10-15 years
- **↑** Early drinking— 30% of those 10-15 years drink weekly
- ↑ Disability 435 get disability benefits
- Mental Health 470 get CAMHs in Stockbort
- **↑** BME − 11.9% of primary school pupils
- **Child poverty** 27% in most deprived areas
- ACS conditions 260 admissions a year (ENT or asthma)

Young adulthood (16 - 24)

1 8,507 people at 30/06/07 (11.9%)

- Binge drinking 54% drink more than twice daily limit on one day
- Trugs 18% take drugs weekly
- ↑ Smoking 38% smoke
- Sexual Health -
 - 89% protect against pregnancy
- 63% protect against STIs
- Teenage conceptions 58.3 per 1,000
- New parents 30% mothers aged <25
- Accidents 11 deaths 2002-2006 in Stockport
- Suicide 7 deaths 2002-2006 in Stockbort
- ↑ Value of work − 13% of 16-18's are NEET
- ↑ Disability 445 on disability benefits

Healthy adulthood (25 - 64)

1 39,740 people at 30/06/07 (55.5%)

- New parents 3.6% new mothers aged 40+
- ↑ Value of staying in work 2.6% unemployed
- Poverty 9.9% on income related benefits
- Impact of earlier lifestyle choices
 - 25% still smoke
 - ₹50% binge drink
 - 15.5% are obese
 - 39% have low mental wellbeing
- Long term conditions All Ages:
 - Hypertension 10,041
 - **T** CHD 3,172
 - Tiabetes 2,814
 - Asthma 5,278
 - COPD 1,468
 - **Ţ** CKD 1,242
- Depression 7,125
- Access to screening 67% breast, 80% cervical
- Preparing to age well 20% eat 5 a day
 - 27.6% exercise

Older people (65+)

10,059 people at 30/06/07 (14.1%)

- Healthy life expectancy Heaton Moor 6.2 years ill health at end of life, Brinnington 11.8 years.
- ♠ ACS conditions − 472
 admissions a year (chronic conditions)
- ↑ Long-term illness − 51.2% have a LLTI
- Accidents falls cause 14 deaths & 550 A&E attendances
- ↑ Depression − 31.9% low mental well-being
- ↑ Dementia 481 people
- Poor diet 15.7% eat '5 a
- Weight problems
 - 13.0% obese
 - 38.1% overweight
- Flu vaccination 76.6%
 Independent Living 4,500
 live alone
- Access to support 996 receive social service support
- 1 Caring 4.7% do 50+ hours a
- ↑ Older poverty 27% in most deprived areas

TOTAL POPULATION = 71,619 (*GP* Registered at 30/06/07)

comparison to Stockport average: higher ↑ lower ↑ better worse